



LAWRENCE TOWNSHIP RECREATION SWIM LESSON AND POOL MEMBERSHIP

Pool Hours & Fees

Summer
(June 24-August 17)

Pool Hours

Weekdays: 12 pm—7 pm
Saturdays: 12 pm—6 pm

Membership Fees

Family \$115
Individual \$70
Senior \$20
Daily \$5
Dip Ticket (25 visits) \$85

Swim Level Descriptions for Swim Lessons

Pre-beginner:

Swimmers will be introduced to water in a fun playful way to increase water comfort.
Pre-requisite: Potty trained and able to participate in group setting.

Beginner:

Swimmers will learn proper kick techniques on front and back, gain comfort in the water, beginner and elementary backstroke, and basic water safety rules.

Advanced Beginner

Swimmers will learn proper kick techniques on front and back, side breathing, be introduced to deep-water swimming and treading water, beginner and elementary strokes.
Pre-requisites: Comfortable in shallow water and able to pass beginner test.

Intermediate

Will learn stroke (freestyle), overarm back stroke, diving, kneeling and standing, stream line push offs, water safety skills & increase endurance. Pre-requisite: Able to pass Adv. Beginner test.

Advanced:

Swimmers will increase endurance as well as learn breast stroke and side stroke and be introduced to butterfly stroke. Swimmers will also be introduced to competitive swimming techniques. Pre-requisite: Able to pass Intermediate test.



Summer Swim Lessons Schedules

Session 1 (6/24 to 7/5) Monday-Thursday

Pre-Beginner – 9:15 am to 9:45 am
Beginner – 9:50 am to 10:35 am
Advanced Beginner – 10:40 am to 11:25 am
Intermediate/Advanced – 11:30 am to 12:15 pm

Session 2 (7/8 to 7/18) Monday-Thursday

Pre-Beginner – 9:15 am to 9:45 am
Beginner – 9:50 am to 10:35 am
Advanced Beginner – 10:40 am to 11:25 am
Intermediate/Advanced – 11:30 am to 12:15 pm

Session 3 (7/22 to 8/1) Monday-Thursday

Pre-Beginner – 9:15 am to 9:45 am
Beginner – 9:50 am to 10:35 am
Advanced Beginner – 10:40 am to 11:25 am
Intermediate/Advanced – 11:30 am to 12:15 pm

Session 4 (8/5 to 8/15) Monday-Thursday

Pre-Beginner – 9:15 am to 9:45 am
Beginner – 9:50 am to 10:35 am
Advanced Beginner – 10:40 am to 11:25 am
Intermediate/Advanced – 11:30 am to 12:15 pm

FEE: \$80 per session
Each session includes 8 classes

[CLICK HERE for Online Registration](#)



THE POOL IS LOCATED AT Lawrence High School - 2525 Princeton Pike, Lawrence, NJ

General Pool Information

The Lawrence High School Pool provides a valuable recreational and fitness resource to the residents of Lawrence Township. Whether you are looking for lap swimming, open swim or lessons, there are plenty of opportunities available.

The pool at Lawrence High School is accessible through membership,

or by paying the daily fee. All fees are set for residents of Lawrence Township. Non-residents are required to pay double the resident fee.

All pool patrons must sign in upon entering the pool area and pay the fee (if applicable) at that time.

Children under the age of 12 MUST be accompanied by an adult. There are locker rooms available as well as 2 "Family Change Rooms" for mothers who need to change young sons or fathers who need to change young daughters.

Pool closings will be posted on the Township website:

<http://www.lawrencetwp.com/rec.html>
and signs will be posted at the pool.

Lawrence Township Recreation
2207 Lawrence Road,
Lawrence, NJ 08648
609-844-7067