

Lawrence Lightning Swim Team

Start Dates:

Monday/Wednesday: October 15th

Level 3– 6:15-7:00pm

Level 2– 7:00-7:45pm

Level 1– 7:45-9:00pm

Tuesday/Thursday: October 16th

Level 2– 7:00-7:45pm

Level 1– 7:45-9:00pm

- Team suit fittings will be on Monday, October 22nd from 6:30-8:30pm at LHS (one night only). Team suits, practice suits, caps, and goggles from Ultimate Swim Shop will be available for purchase.

Tentative meet schedule dates:

12/1 v. Newtown Athletic Club

12/8 v. Somerset Valley Y

1/26 v. Princeton Y

2/9 v. Team 85



All swimmers must be registered and paid in full before they can participate in the first day of practice .