



Let Me Run Registration – Now Open!

Let Me Run is a 7-week program for 4th, 5th and 6th grade boys that uses the power of running and lively group activities to equip boys with tools to lead a balanced and fulfilling life - emotionally, physically, mentally, socially and spiritually. The program is designed to empower boys to make healthy choices, celebrate the perseverance to improve, build healthy relationships and develop a real self-worth. The program will give boys a sense of accomplishment by completing a 5K race.

When: Tuesdays and Fridays, beginning September 11th; 5K race on Saturday, November 3rd

Where: Boys are met at LIS by coaches at dismissal. Boys are picked up by parents at Central Park at 5:00 p.m.

Cost: \$120.00 per child - COST INCLUDES 5K REGISTRATION FEE

Scholarships available & space is limited. Online registration is open now! Click [HERE](#) to register now! Questions? Email Jennifer Byrnes at jenniferpbyrnes@yahoo.com.