

LAWRENCE TOWNSHIP



OCTOBER 1, 2017 VILLAGE PARK

(Entrance-Bergen Street Side-Parking Yeager Street Side)

12PM-4PM

The Lawrence Township Recreation Department will hold the annual Lawrence Community Day event on Sunday, October 1, 2017 from 12pm to 4pm at Village Park in Lawrence.

Community Day offers residents a great opportunity to see what businesses, organizations and services are available to you in Lawrence Township. Entertainment, vendors and food will also be available.

Community Day is a weather-permitting event

- 1:00 P.M. - [Chair Yoga in the Park](#) - Romy Toussaint and Complete Health Yoga
1:30 P.M. - [Yoga in the Park](#) bring your mat or towel- Romy Toussaint and Complete Health Yoga
2:00 P.M. - [Anti- Bullying Demo ages 6-12](#) - Performed by Gracie Barra Brazilian Jiu-Jitsu and Self Defense
2:15 P.M. - [Women's and Girl's Self-Defense Demo](#) - Performed by Gracie Barra Brazilian Jiu-Jitsu and Self Defense
2:30 P.M. - [ZUMBA](#)-Empowered Fitness Gym
3:00 P.M. - [VIVA Ballroom/ Dance/Fitness](#) Dance Performance
12-4:00 P.M.

[Live Broadcast/Music](#)



- *Touch a Truck- Lawrence Township Public Works Trucks 
- *Free Wagon Rides
- *Fire Department Vehicles
- *Free Children's Inflatable Moon Bounce, Slide and Obstacle Course

Bringing the community together in a fun and family-friendly way.

**Come Visit
Lawrence
Businesses,
Organizations and
Community Service
Information Tables**

Food

Vendors

**Yoga in the
Park**

**Touch a
Truck**

**Children's
Inflatables**

**AND MUCH
MORE...**

**LAWRENCE TOWNSHIP
RECREATION
DEPARTMENT**



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