

**HEALTH ADVISORY BOARD
MINUTES
May 6, 2009
7:00 P.M.
Council Conference Room**

Present: Maureen Adams, Mary Baird, Leo Brummel, Anthony Brickman
and Carol Chamberlain, Health Officer

Absent: Kevin McGuigan, Liang Schweizer and Richard Miller, Council
Liaison

ELECTION OF CHAIRPERSON: The election of the chairperson was tabled to the next meeting.

MINUTES: The minutes of the February 26, 2009 meeting were reviewed and approved.

OLD BUSINESS:

Trenton Water Works

M. Baird requested an update on the Trenton Water Works fluoridation issue. C. Chamberlain explained Trenton Water Works has started adding fluoride to the water again. Notification was provided to the township by Trenton Water Works. The information on the published in the newspaper and it was put on the website.

Pandemic Influenza

Dr. Brickman requested information on the role of the local health department with regard to the H1N1 influenza. C. Chamberlain explained the health department provides education to the public and shares information from the Centers for Disease Control and the State Health Department with the public, schools and daycare centers. The local health department assists the county epidemiologist with surveillance, incidence tracking and communicable disease follow-up. The health department staff also acts as liaisons with the state health department and the various agencies within the town which have questions with regard to the H1N1 influenza. The health department staff also educates the public about infection control measures with hand washing education as well as reminding people to stay home when they are sick.

POD Drill- C. Chamberlain said four of the health department staff will be participating in a county drill to test a drive-through POD (Point of Dispensing)

site. The drill will be taking place in Hopewell Township. The coordinators of the drill are asking for volunteers to drive through the site and participate as residents in the drill. The county is expecting 150-200 volunteers to attend.

Outreach Activities

St. Lawrence Rehabilitation Center – Maureen Adams announced St. Lawrence Rehabilitation will be sponsoring a Bike Safety Rodeo on Saturday, May 9th. The health department will be offering blood pressure screenings and will have literature on pandemic preparedness for attendees. Maureen said there will be several area agencies participating including the YMCA, the Lawrenceville Fire Company, area hospitals and the Lawrence Township Police Department.

Health and Wellness Fair- A health and wellness fair was held at the Lawrence Senior Center. Maureen Adams said approximately 150 people attended the fair. She was there representing St. Lawrence Rehabilitation Center. A variety of health screenings were offered by local hospitals and physicians. There were demonstrations of the various exercise and dance activities available to seniors.

St. Hedwigs Health Fair- The public health nurse attended the St. Hedwigs Church health fair. The program was well attended and the nurse distributed health education material in Polish for the residents who use Polish as their primary language.

Public Health Week – In recognition of Public Health Week, a display of health education material was placed at the Lawrence library. The public health nurses offered blood pressure screenings and body fat analysis at the Trenton Farmers market. Health education material were available in English and Polish at the farmers market.

Cultural Diversity Day – Kathy Korwin, the public health nurse attended Cultural Diversity Day at the Lawrence Senior Center. Blood pressure screenings and body fat analysis screenings were offered at his event also. Educational information was distributed to attendees on cardiovascular disease, nutrition and pandemic preparedness.

Summer Camps – health education programs will be offered to campers at the Township park camps this summer. Topics will include handwashing, nutrition animal bite prevention and water safety.

Goals

The goals of the Board for 2009 were reviewed. Dr. Brickman asked if the Walking School Bus program could be re-visited. C. Chamberlain said she would Discuss with Steve Groeger, Recreation Superintendent. There has not been a great deal of interest from the schools in the program. Dr. Brickman asked if VIS

(Vaccine Information Statements) are available in other languages. C. Chamberlain said she believes VIS are available online in a variety of languages.

The Board approved the goals for 2009. C. Chamberlain said she would forward the goals to the mayor.

NEW BUSINESS:

American Cancer Society Relay for Life – C. Chamberlain said she was contacted by the American Cancer Society about conducting a Relay for Life in Lawrence Township next year. The cancer society has also spoken with the Lawrence Township Board of Education about being involved in such an event. The Relay for Life is a fundraiser for the cancer society which focuses on the celebration of cancer survivorship. It is an overnight walking event in which teams of people walk throughout the night in recognition of those who have survived cancer. C. Chamberlain asked if the board members are interested in being involved in this type of event. C. Chamberlain said she would provide additional information when it is available.

Next Meeting Date – The next meeting date is June 30, 2009.

There being no other business, the meeting was adjourned at 7:50 p.m.

Respectfully Submitted,

Carol Chamberlain
Health Officer