

# LAWRENCE TOWNSHIP HEALTH ADVISORY BOARD

## MINUTES

February 17, 2016

6:00 P.M.

### Engineering Conference Room

**Present:** Maureen Adams, Mary Baird, Dr. Anthony Brickman, Leo Brummel, Darlene Hanley, Cathleen Lewis, Council Liaison, Carol Chamberlain, Health Officer.

**Absent:** Dr. Kevin McGuigan

**Agenda:** The agenda was reviewed. Dr. Brickman made a motion to approve the agenda with the addition of the election of a chairperson for 2016. Maureen Adams seconded the motion. The agenda was approved with the addition.

**Election of Chairperson 2016:** Darlene Hanley nominated Mary Baird for Chairperson. Maureen Adams seconded the nomination. Mary Baird was elected as Chairperson 2016.

**Minutes:** The minutes of the December 2, 2015 meeting were reviewed. Darlene Hanley made a motion to approve the minutes. Maureen Adams seconded the motion. The minutes were approved.

### **OLD BUSINESS:**

#### Greater Mercer Public Health Partnership (GMPHP)

Darlene Hanley shared with the group the Community Needs Assessment (CNA) and the Community Health Improvement Plan (CHIP) have been updated. The four focus areas remain the same.

1. Mental Health and Substance Abuse
2. Healthy Eating and Active Living
3. Chronic Disease
4. Transportation and Access to Healthcare

The next step is to refine action plans for each of these focus areas.

There will be a community rollout /presentation of the CHIP on March 17 at 3:00 p.m. The Robert Wood Johnson Wellness Center will be the site for the presentation.

In addition to the action plans for the four areas of focus, there are overarching goals for the GMPHP which span over all the focus areas. These goals include improving the website to be more user-friendly. The website needs to be revised to make it easier for the public to obtain information.

Another goal for the website update is to develop a mobile application to access to resources on the website.

### Tuberculosis Program

Carol Chamberlain described the county-wide TB control plan is currently operated by the Trenton Health Team with funding from the county health department and the state health department. The state has recently notified the municipalities the funding is being reduced and there will be a budget gap for the TB Control program in 2016.

The local health departments have worked together with the county health department to develop an inter-local services agreement which will provide the TB control services to Mercer County residents. This will be supported and funded by the county and the municipalities. In the near future a proposal for the inter-local service agreement will be shared with Township Council with a request to approve the shared service for TB control in Mercer County.

### **NEW BUSINESS:**

#### 2015 Local Health Report

The 2015 Local Health Report was reviewed with the Health Advisory Board. The report will be presented to the Township Council on Tuesday, February 23. The report is required to be submitted to the NJ Department of Health by March 31, 2016.

Zika Virus- Overview of what is currently known about Zika virus was shared. Primary concern is for pregnant woman because an infection with Zika virus increases the potential for birth defects. The health department plans to distribute educational materials to residents about mosquito control and measures to take to prevent mosquito bites. Enforcement will be implemented in the warmer months to have residents remove mosquito attractants from their properties including standing water sources.

#### Upcoming Activities

CPR – The University Medical Center at Princeton will be offering a Friends and Family CPR class at the Lawrence Senior Center in April. This is being done in recognition of CPR Awareness Week.

St. Lawrence Bike Rodeo- The health department will participate in the St. Lawrence Bike Rodeo on May 7. Information on sun safety and healthy habits will be distributed.

Living Local Expo- The health department will be represented at the Living Local Event at Rider University on March 19. Information about safe syringe disposal and prescription disposal will be available.

#### Let's Move Campaign

Cathleen Lewis shared information about the Let's Move Campaign. One of the goals of the program is to share nutrition information with low income families. She and a member of the Lawrence Township Board of Education recently visited the White House to learn about the program. Environmental change and policy implementation are two focus areas of the campaign.

#### County Nutrition Program

The county lunch program for seniors was discussed. There has been concern expressed about the lack of appropriate foods for seniors with health concerns such as diabetes and high blood pressure. The food choices at the lunch program do not include good choices for individuals with dietary concerns. It was requested that more healthy choices be made available. Carol Chamberlain said she would contact the Mercer County Department of Human Services to share this concern with them.

**NEXT MEETING DATE:**

The proposed meeting dates for 2016:

May 4, 2016

September 7, 2016

December 7, 2016

**ADJOURNMENT:**

A motion was made by Darlene Hanley to adjourn the meeting. Maureen Adams seconded the motion. There being no further business, the meeting was adjourned at 7:35 p.m.

Respectfully submitted,

Carol Chamberlain  
Health Officer