

**HEALTH ADVISORY BOARD  
MINUTES  
February 3, 2010  
6:00 P. M.  
Council Conference Room**

Present: Maureen Adams, Leo Brummel, Anthony Brickman, Kevin McGuigan, Chairperson, Liang Schweizer, Carol Chamberlain, Health Officer and Steve Groeger, Superintendent of Recreation.

Absent: Mary Baird (arrived late)

I. AGENDA

K. McGuigan asked the board to review the agenda. The board reviewed and approved the agenda.

II. ELECTION of CHAIRPERSON for 2010

L. Schweizer nominated K. McGuigan to be chairperson. A. Brickman seconded the nomination. K. McGuigan was unanimously elected chairperson.

III. MINUTES

The minutes from the meeting of December 14, 2009 were reviewed and approved.

IV. OLD BUSINESS:

A. Pandemic Influenza

1. H1N1 - C. Chamberlain said the health department completed the last scheduled mass vaccination clinic on January 30. To date, 2990 immunizations have been administered. Additional opportunities for H1N1 shots will be offered during normal clinic hours.
2. NJDHSS - The township received a grant for \$86,000 for the H1N1 vaccination program. Approximately thirty percent of the grant has been encumbered. The funds have been used for staffing vaccination clinics, preparing for the clinics, buying supplies and updating the mass vaccination plan. The remainder of the money must be expended by June 2010.

## B. Outreach Activities

1. Relay for Life - M. Adams provided an overview of the relay. The kick-off is scheduled for Tuesday, February 9 at 7:00 P.M. at the Lawrence High School. C. Chamberlain distributed reminder cards for the kick-off event. L. Schweizer said she informed the Affinity Groups at Bristol Myers-Squibb about the event. M. Adams said she is trying to put together a team at St. Lawrence Rehabilitation Center. The Lawrence Township Board of Education has additional information on its website.
2. Mayor's Wellness Initiative - S. Groeger, Superintendent of Recreation discussed the various activities planned in conjunction with the Mayor's Wellness Initiative. S. Groeger said the application for the wellness grant was submitted and he expects to find out about the grant award by the end of March. The grant will be used to fund the purchase of a Wii game for use at various township programs and to implement the CATCH program. The CATCH program is to be used in schools and at summer camps. The Wii is expected to be used at summer camps, the senior center, Project Freedom, and the Lawrence Neighborhood Center.

The mayor also would like to promote biking, bike trails and bike safety at the Tour de Lawrence. This event will be held in June at Colonial Lake Park.

L. Schweizer asked about the possibility of completing the walking path around Colonial Lake. S. Groeger explained a portion of the property around the lake is not township-owned property. There may also be some environmentally sensitive areas around the lake which NJDEP regulations prohibit disturbance.

Dog Days of Summer is another initiative the mayor has proposed. The intent of the event is to make people more aware of the Township's dog park and to encourage people to be active with their dogs. This will be held in September at Village Park.

Another wellness activity S. Groeger discussed is the Kid's Marathon which is being initiated in some schools. This is another program which encourages children to be active. The program involves children walking 2.5 miles/week with the last 1.2 miles being walked at Princeton University, as part of a community event. To complete the Program, children must also complete 26 Green Things To Do. S. Groeger said two schools are currently participating in the program.

C. Accomplishments 2009/Goals 2010

C. Chamberlain distributed the revised the accomplishments/goals. The changes were highlighted as per the discussion at the December meeting. K. McGuigan motioned to approve the accomplishments and goals. D. Hanley seconded the motion. With no discussion the board approved the Accomplishments 2009/Goals 2010.

V. NEW BUSINESS:

A. Senior Wellness Fair - C. Chamberlain informed the group there will be a wellness fair at the senior center on Tuesday, March 30, 2010 from 10:00 a.m. - 1:00 p.m. C. Chamberlain said there are currently ten health screenings scheduled by different health agencies. In addition there will be tables with information for seniors such as Meals on Wheels, 211 Service, Register Ready. Student nurses from the College of New Jersey will also be at the fair to help with height, weight and blood pressure screenings. D. Hanley said Ellen Pitrowski from Morris Hall is interested in participating. She will provide information about the Memory Care Unit at Morris Hall.

B. Meeting Dates for 2010

The proposed meeting dates for 2010 were provided to the board.

|              |                                       |
|--------------|---------------------------------------|
| April 7      | 6:00 p.m.                             |
| June 9       | 6:00 p.m.                             |
| September 15 | 6:00 p.m.                             |
| December 1   | 6:00 p.m. (corrected from December 2) |

C. Chamberlain asked everyone to check the dates and she will e-mail everyone to confirm the proposed schedule is satisfactory.

VI. ADJOURNMENT:

There being no other business, the meeting was adjourned at 7:00 p.m.

Respectfully Submitted,

Carol Chamberlain  
Health Officer