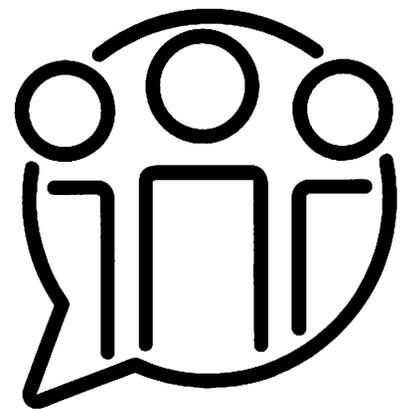


Senior Connect

Lawrence Township



Lawrence Township NJ Manager KPN

Friday, September 18, 2020

Reassurance and clarification offered.....

Today, most of you have undoubtedly read newspaper articles about charges being filed against Lawrence Township Police Officer Andres Mejia. The charges filed resulted from an extensive investigation under the direction of the Mercer County Prosecutor's Office. It is my understanding that the investigation into actions by this police officer's handling of a domestic dispute was prompted by facts revealed in an investigation by detectives in the Prosecutor's Office into a murder occurring in Trenton in late August.

Since I have taken the initiative to create a better line of communication between the municipal government and the residents of Lawrence Township, remaining completely silent about this matter is simply not an option if I am to have any credibility with you.

Of course, I cannot comment about the facts of the investigation leading to the charges against this officer, nor can I comment (more than I already have) about the ongoing civil action brought against the Police Chief and the Township by a small group of police officers in the PBA at a time when their union contract was being negotiated.

However, I can and I will continue to defend the integrity and honesty of Police Chief Brian Caloiaro and the many police officers who come to work each day honoring their oath and serving their community. I also want to re-assure the community that there is no truth whatsoever to the claims of corruption and retaliation being made against myself and the Police Chief. None. I hate having to issue a response to these claims, but I feel like you deserve to hear from me and so do my family members and friends.

For members of the community that may question the integrity and actions of the Police Chief and me because of comments by an attorney being paid to represent his clients, I simply ask that you think for yourselves and reserve your judgment until these matters conclude....until all of the facts and evidence are made public for you to scrutinize.

Please be mindful of an inconvenient fact that does not bode well for their attorney's claims: the criminal matter against this officer and the other officers were investigated under the direction of the Mercer County Prosecutor's Office. The charges filed against this police officer and the others were filed by the Mercer County Prosecutor's Office, not the Lawrence Township Police Department.

I understand conspiracy theories are all the rage right now for all things political and otherwise, but I implore everyone to think this through and don't lose faith in the leadership of our Police Department or the Township by unsupported claims. By now, you must know that I write probably more than I should, and I could offer much more to you about these matters within our police department, but you and I will have to settle for what has been written...and for the facts to come out in due time.



Veterans Drive-Thru Resource Fair

Saturday, September 26th, 2020

10:00am-2:00pm

NJ Department of Military and Veterans Affairs
101 Eggerts Crossing Road, Lawrenceville, New Jersey
Rear Parking Area - Follow Signage - Stay in Car

The event will be outdoors and physically distanced. *Masks will be required for all vendors and attendees.*

Veterans will enter the DMAVA parking area by car and drive through a spaced vendor area, stopping for any information they might need along the way. There will be space for Veterans to pull off for a longer discussion or to file a claim, otherwise they will make a loop and exit.



Wearing a face mask in public



helps reduce the spread of germs.



We should **ALL** wear a face mask to protect each other.

Even if you don't feel sick, germs can spread to others through respiratory droplets produced by breathing, talking, sneezing and coughing.



1. Wear Mask Correctly

- Make sure you can breathe through it
- Your nose and mouth should be covered
- Face masks should not be placed on children under 2 years old or people who have trouble breathing



2. Maintain Healthy Habits

- Wash the face mask after use
- Avoid contact with sick people
- Wash hands often with soap and water; use hand sanitizer with at least 60% alcohol if soap and water aren't available



3. Keep Social Distancing

- Face masks do not replace social distancing
- You may be sick (carrying germs) and not even know
- Face masks + social distancing = less community spread of disease



<https://covid19.nj.gov/>



Questions? Call 2-1-1 or text NJCOVID to 898-211

Lawrence Township Senior "Paint in the Park:"



Hosted By
ECCO....
Of "Lilli Lil's *Paint & Punch*"
Soothing Music...Plus
DOOR PRIZES



*A Paint in the Park Series of Step by Step Painting
Instruction for Lawrence Twp. Residents 60 and Older.*



Dates of Classes: Tuesdays—October 6, 13, 20 and 27, 2020

Time: 11:00 —1:00 PM (Rain or Shine)

Cost: \$12.00 for Four Weekly Sessions. All Materials Provided.

Location: Veterans Park (Under the Pavilion)

100 Oaklyn Terrace, Lawrence NJ 08648.

Social Distancing Will be followed. Face Masks will be required, when social distancing cannot be followed. Health questionnaire and temperature checks will be required before each class. Pre-registration a must. For more Information Contact the Senior Center at 609-844-7048. Reserve Your Spot.



Parking Lot Line Dance Class

For Lawrence Twp. Seniors 60 And Older
Starting September 23, 2020

Wednesdays with

Bill Davis

Beginners- Advanced 9:30—11:00 AM

THEN Starting on October 2, 2020

every Friday from 10:00—11:00AM with

Rose Majofsky

At The

Lawrence Twp. Senior Center Parking Lot
30 East Darrah Lane, Lawrence Twp. 609-844-7048

Please Note

**Social Distancing will be followed. Face
Masks will be required, when social
distancing cannot be followed.**

**Health Questionnaire and Temperature
Checks will be required before each class.**





Lawrence Township Office Of Aging



YOGA IN THE PARK

IMPROVE BALANCE

**INCREASE LUNG
CAPACITY**

**LOOSEN JOINTS
AND**

**STRENGTHEN
MUSCLES**

**BOOST IMMUNE
SYSTEM**

**LEARN
RELAXATION AND
STRESS
REDUCTION
TECHNIQUES**

Yoga Classes For Lawrence Seniors 60 And Older

Instructor—Cheri Dzubak

Dates: Fridays, October 2, 9, 16 & 23

Time: 10:30am—11:30 am

Cost: \$12:00

Location: Central Park On

Eggert Crossing Road/Baseball Field

Please Bring A Towel To Place Under Your Mat.

Please Note:

- **Social Distancing Will Be Followed.**
- **Face Masks Will Be Required When Social Distancing Can Not Be Followed.**
- **Health Questionnaire And Temperature Checks Will Be Required Before Each Class.**

Lawrence Senior Center

30 East Darrah Lane

Please Call 609-844-7048 To Register

OUTDOOR TAI CHI AT LAWRENCE SENIOR CENTER *(PARKING LOT)*

Tai Chi Classes Offered For Lawrence Twp Seniors 60 And Older

New Students—8 Sessions For The Cost Of \$24.00

Returning Students—6 Sessions For The Cost Of \$18.00
With 2 Make Up Classes From Last Session.

Class Dates:

Monday, October 5—1st Class
Wednesday, October 7—Make Up
Wednesday, October 14—Make Up
Monday, October 19
Monday, October 26
Monday, November 2
Monday, November 9
Monday, November 16—Last Class

Time: 10:30 am—11:30 am



Social Distancing Will Be Followed.
Face Masks Will Be Required When Social Distancing
Cannot Be Followed.
Health Questionnaire And Temperature Checks Will Be
Required Before Each Class.

30 East Darrah Lane
Please Call 609-844-7048 To Register



Lawrence Township Office on Aging SENIOR HULA HOOP FITNESS



Pre-Registration

Required

DEMO CLASS

SEPTEMBER 25 2020

FRIDAY, 10:00 AM

Veterans Park

(Near the Pavilion)

WITH ANGELA



**Wear
Comfortable
Shoes
and Clothing!
Hoops Provided
for Class Use.**

**Learn New Ways to Move and Groove with a Hula Hoop!
Get Energized with Low Impact Senior Friendly Movement:
To Improve Strength, Range of Motion, Coordination and Focus.**

FREE SERIES STARTS

DATE: Fridays,

October 2, 9, 16, 23, 30, 2020

TIME: 10:00—11:00 AM

LOCATION: Veterans Park near
Pavilion, 100 Oaklyn
Terrace, Lawrence Twp., NJ

Please Call The Senior Center at
609-844-7048

For More Information And To Register In Advance. Space Is Limited. Social Distancing will be followed. Face Masks will be required when social distancing cannot be followed. Health Questionnaire and Temperature checks will be required before each class. Please arrive 10 Minutes early for each class. Pre-registration is required!

NEW

SENIOR CENTER EXERCISE CLASS!



For Ages 60+

For Lawrence Residents

Thursdays starting September 17th

9:00AM - 9:45AM

Classes will be held outdoor in the

Senior Center parking lot.

Please Bring Your Own Exercise Weights

Lawrence Senior Center

30 East Darrah Lane

For more information and to register

please call 609-844-7048

PLEASE NOTE

- **Face Masks** will be required until you are in your chair or exercise area.
- **Social Distancing** guidelines will be followed
- **Temperatures** will be checked
- **Health Questionnaire** will be required before each class



LAWRENCE TOWNSHIP
**SENIOR
CENTER**



LAWRENCE TOWNSHIP
**RECREATION &
OFFICE ON AGING**

FITNESS

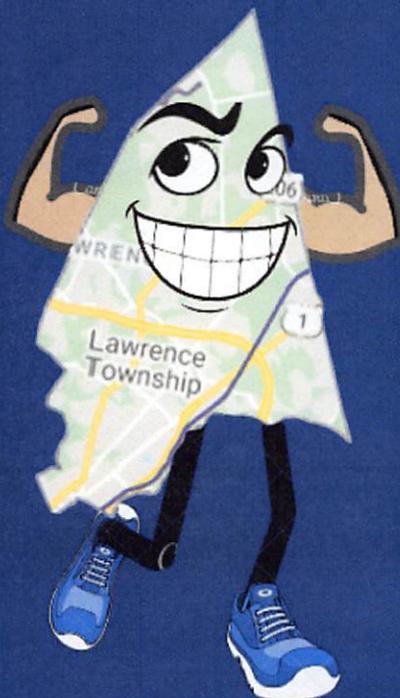


CHALLENGE

*SENIOR SMILES
FOR
22 MILES*

22 MILES OF SENIOR SMILES

Fitness Challenge August - September 2020
Let's get up and move seniors! This challenge can be completed from any location and with any workout you choose. You can walk, run, jog, or bike. The first 75 finishers receive a free t-shirt. Open to Lawrence Seniors 60 and older. Track your miles (see reverse) and return the log sheet back to us, after you have completed 22 miles. To register, call the Lawrence Senior Center at 609-844-7048.



Outdoor Fitness Classes

CLASSES WILL BE HELD OUTSIDE AT
CENTRAL PARK (EGGERTS CROSSING ROAD) LAWRENCE TWP.
YOGA MAT AND TOWEL SUGGESTED.

AGES 18 AND UP

SOCIAL DISTANCING REQUIRED.

REGISTER ONLINE AT [HTTP://LAWRENCETWP.COM/REC.HTML](http://LAWRENCETWP.COM/REC.HTML)

FEE: \$40.00 FOR ALL FOUR CLASSES OR \$12.00 PER CLASS

SUNDAYS IN SEPTEMBER AT 10AM

9/6 - YOGA WITH JAIME

9/13 - CARDIO & CORE WITH BRITT

9/20 - VINYASA FLOW WITH ASHLEY

9/27 - HIIT WITH ISAIAH



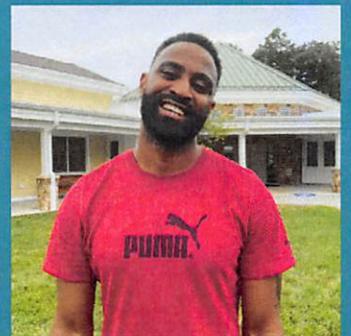
Jaime



Britt



Ashley



Isaiah

YOGA
with Jaime

LAWRENCE TOWNSHIP
RECREATION

Drum Circle

AT THE LAWRENCE NATURE CENTER

481 DREXEL AVE, LAWRENCE TOWNSHIP

Lawrence Nature Center is pleased to announce the creation of an ongoing gathering of drums and drummers to spend an evening together and create our drumming circle.

We will gather at the meadow of the
Lawrence Nature Center-Rinck House near
Drexel Woods.

Thursdays at 7:00 PM beginning August 27th.
Event is BYOD&C (Bring Your Own Drum and Chair)

Please email
lawnatdc@gmail.com
to let us know you
plan to attend so
that we have an idea
of the numbers of
people joining and
can contact you if
weather decides we
need to cancel.



Drumming Circles have long been a source of energy, healing and community. Typically, people gather to drum in drum "circles" with others from the surrounding community. It includes people of all ages. The main objective is to share rhythm and get in tune with each other and themselves.

Drumming circles are informal gatherings of people who meet for the purpose of playing drums together. Instrumentation centers around drums and percussion, but may include other instruments, such as flutes, didgeridoos, and other non-percussion instruments. The participants make up the music as they go along, using their listening and playing skills to make musical connections and express themselves in any and all ways that feel right.

Sponsored by:
The Lawrence Township Health Department

Free Rabies Vaccination Clinic

For Dogs and Cats 3 months & older
Lawrence Township Residents Only

Saturday, October 3, 2020 9:00 AM- 12:00 PM
Lawrence Township Public Works Building
240 Bakers Basin Rd
*** Rain or shine ***

Dogs must be securely leashed and if
necessary muzzled and under the control of an
adult at all times

Cats must be in carriers

Pre-registration is required. For more
information go to www.lawrencetwp.com

Masks are required and owner will not be allowed to
accompany their pet into the building.



QUESTIONS? CALL 844-7092



Public Health
Prevent. Promote. Protect.

Lawrence Township Health Department

2020-2021 CAT APPLICATION

(September 1, 2020- August 31, 2021)

License No. _____
(Office Use Only)

Owner's Name		Telephone Numbers	
Owner's Address			
Cat's Name	Sex <input type="checkbox"/> M <input type="checkbox"/> F	Neutered or Spayed	<input type="checkbox"/> Yes <input type="checkbox"/> No
Rabies Certificate Expires	Color	Breed	
Microchip No.		Email Address	

NOTICE TO ALL CAT OWNERS - Return this application with Proof of Rabies and Spaying/Neutering certification, if applicable, along with the appropriate fee to the address listed below. **CASH or CHECK ONLY** (Make check or money order payable to: Township of Lawrence)

MAIL TO:
Township of Lawrence
Attn: Municipal Clerk's Office
P.O. Box 6006
Lawrence Township, NJ 08648

LICENSE FEES - \$11.00 if spayed or neutered
 \$14.00 if not spayed or neutered
 DELINQUENT FEES - \$5.00 surcharge plus \$1.00 for each month overdue

License Fee \$ _____

***All Applicants must be 18 years of age or older.

ALL CATS (7) SEVEN MONTHS AND OLDER MUST BE LICENSED

ALTERNATE CONTACT PERSON (Optional) _____

TELEPHONE NUMBER _____

IMPORTANT NOTICE

Please notify the Clerk's Office at 609 844-7000, if you no longer have your cat(s) or if you have moved from Lawrence Township.

Please complete application to ensure accurate records. If possible, please give an alternate phone number and email.

Delinquent fees will be assessed effective December 1, 2020.

County Clerk Advises Residents to Make Sure Voting Information is Up to Date

TRENTON - Following the Governor's executive order declaring the November 3 General Election as a primarily vote-by-mail election, Mercer County Clerk Paula Sollami Covello is strongly advising voters to update or verify voter registration and signature information with the Mercer County Clerk's Office and Mercer County Superintendent of Elections.

It is recommended that all registered voters have an up-to-date physical address, and if they will be away between late September and Election Day, they should apply to vote by mail noting the mailing address required. It is also recommended that if a person has a permanent vote-by-mail status, they should make sure that the address that is on file is correct. This can be done by calling the County Clerk's Office at 609-989-6494 or 609-989-6495. "In an election that will primarily be conducted through the mail, it is important that we have the most up-to-date information available for every voter," said Mercer County Clerk Paula Sollami Covello. "This is the best way to have your vote counted in this important election."

The County Clerk's Office relies on the voter registration rolls for accuracy of addresses when mailing ballots. To help keep the most accurate records, anything that comes to your residence addressed to someone who does not currently live there should be put back in the mail and marked "return to sender." Before the election, all voters, regardless of party affiliation, will receive a mail-in ballot, where they will be able to fill in their choices. Return postage on all ballots is paid. In addition to mailing in their ballots, voters will have the option of placing their ballots in one of the secure drop boxes throughout the County. Voters who go to the polls will be able to vote by provisional (paper) ballot or in a voting machine (only if voter is disabled). At least one polling place per municipality will be available. Further details, including polling places and drop box locations, will be determined by the Mercer County Board of Elections.

The earliest ballots will be mailed out towards the end of September. The deadline to register to vote in time for the General Election is **October 13**. The deadline for the Clerk's Office to receive a mailed in vote-by-mail application is **October 23**. Residents can also walk in to the Mercer County Clerk's Office and request a mail-in ballot until Election Day at 8 p.m. All ballots sent in must be postmarked no later than **November 3** and received by the Board of Elections no later than **November 10**, one week after the Election. Alternatively, voters may return their ballots personally to the poll workers at their polling place.

For more information on the General Election, please visit the Mercer County Clerk's Website at <http://www.mercercounty.org/government/county-clerk>.

For a complete list of Mercer County polling and drop box locations, visit the Mercer County Board of Elections Website after September 8 at <http://www.mercercounty.org/boards-commissions/board-of-elections>.



Kevin Nerwinski

Visual Storyteller · September 9 at 3:59 PM · 🌐



Hey Everyone! Last report for the day. It is on all things BRUNSWICK AVENUE! Two items on the agenda for the Township Council to consider:

1) As you all know, the Township recently took over from the State of NJ, the maintenance and control of Brunswick Avenue from the Brunswick Circle to Lake Drive. We have ORDINANCE No 2368-20 pm the agenda to **reduce the speed on that section of roadway to 35 mph**. IMPORTANT: Once the streetscape work is complete, there will be a further study to determine if the speed limit should be lowered further. At present, we have the data to support the reduction to 35 mph. Along with a commitment from the LTPD to be a more active presence along this corridor, we hope that the speeders will take there lead feet somewhere else!

2) As you all know (...again), the Township has been actively working on designing a new streetscape for Brunswick Ave (aka "The Boulevard at Princeton Pike"). Here is a link to the PowerPoint presentation if you are interested:

http://www.lawrencetwp.com/.../BP_Streetscape5.18.20.pdf

In furtherance of the project, we have identified a **grant opportunity with the NJDOT under the Transportation Alternatives Program for \$975,000 in construction funding**. Council will be asked to approve a Resolution authorizing our pursuit of this grant, and fully expect they will.

**Township of Lawrence
County of Mercer**

Ordinance No. 2368-20

**AN ORDINANCE AMENDING CHAPTER 435 OF THE
LAWRENCE TOWNSHIP ADMINISTRATIVE CODE
ENTITLED "VEHICLES AND TRAFFIC"**

BE IT ORDAINED by the Township Council of the Township of Lawrence, County of Mercer, State of New Jersey that Chapter 435 of the Lawrence Township Administrative Code entitled "Vehicles and Traffic" is hereby amended as follows:

Section 1.

Section 435-58 "Speed Limits" is amended as follows:

Business Route 1, both directions 35 MPH Brunswick Circle to Lake Drive

Section 2.

This ordinance shall take effect twenty (20) days after adoption and / or upon installation of proper signage.

Section 3.

All ordinances, rules and regulations which are inconsistent with this ordinance are hereby repealed.

Introduced: September 15, 2020

RECORD OF VOTE

COUNCIL	AYE	NAY	PRESENT	ABSENT	ABSTAIN	MOVED	SECOND
Mr. Bobbitt							
Ms. Lewis							
Mr. Powers							
Mr. Ryan							
Mayor Kowacki							

Township of Lawrence
County of Mercer

Resolution No. -20

**APPROVAL TO SUBMIT AN APPLICATION FOR THE TRANSPORTATION ALTERNATIVES
PROGRAM FROM THE NEW JERSEY DEPARTMENT OF TRANSPORTATION
FOR THE BRUNSWICK PIKE STREETScape IMPROVEMENTS**

WHEREAS, the New Jersey Department of Transportation is accepting applications under the Transportation Alternatives Program for projects that meet the funding criteria; and

WHEREAS, the 2020 Transportation Alternatives Set-Aside Program (TA Set-Aside) provides federal funds for community based "non-traditional" surface transportation related projects designed to strengthen the cultural, aesthetic and environmental aspects of the nation's surface transportation intermodal system; and

WHEREAS, the proposed Brunswick Pike Streetscape Improvements Project meets this funding criteria; and

WHEREAS, Lawrence Township will own and maintain the streetscape improvements upon completion; and

NOW, THEREFORE, BE IT RESOLVED that the Township Council of the Township of Lawrence, formally approves the grant application for the above stated project.

BE IT FURTHER RESOLVED that the Municipal Manager and Clerk are hereby authorized to submit an electronic grant application identified as "TA-2020 – Brunswick Pike Streetscape - 00002" to the New Jersey Department of Transportation on behalf of Lawrence Township.

NOW, THEREFORE, BE IT FURTHER RESOLVED by the Council of the Township of Lawrence, County of Mercer, State of New Jersey, that the Council is in concurrence with submitting an application for the Transportation Alternatives Program within the State of New Jersey Department of Transportation and authorizes the Municipal manager and the Municipal Clerk to execute any and all documents necessary and related to the submission of said grant application or grant agreement.

Adopted:

g:\engineering\Brunswick pike streetscape improvements\resolution dot funding doc

Township of Lawrence
ENGINEERING DEPARTMENT

TO: Kevin P. Nerwinski, Municipal Manager
FROM: James F. Parvesse, Municipal Engineer 
SUBJECT: Brunswick Pike Streetscape Improvements
DATE: September 1, 2020

New Jersey Department of Transportation has grant funding available under the 2020 Transportation Alternatives program. Streetscape Improvements meet the funding criteria and we recommend submission of an application to advance the Brunswick Pike Streetscape Improvements.

The streetscape project is a significant investment and in accordance with grant guidelines, we will request \$975,000.00 in construction funding. It is anticipated that this funding will be utilized for pedestrian safety improvements, corridor improvement with landscaping and enhancement of the open space area behind the Whitehead Road round-about. Other project elements may need to be funded in a separate grant cycle.

Should you have any questions please do not hesitate to contact this office.

JFP/sjs

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Kevin Nerwinski

Visual Storyteller · September 18 at 9:49 AM · 🌍



Hey Everyone! This is a completely different kind of post from me. So if you are not interested...just move on. Yesterday, my wife and I attended a webinar with Jay Shetty.

https://en.wikipedia.org/wiki/Jay_Shetty. He is a former monk that is dedicating his time now to helping people find inner peace and life purpose. I don't know about you guys, but I am a self-help book junkie so he fits right in my wheelhouse.

Anyway, he was speaking to employees where my wife works, and he really is a thoughtful and deep thinking soul. As with most "self-help" books and seminars, if you find one thing you can connect to, it's a win and you have an avenue to improve yourself. Well he ended his talk about the value of gratitude...expressing it and receiving it. But the gratitude must be thoughtful and detailed...not a fleeting comment.

In today's world, given all of the problems we must deal with and overcome on any given day, it seems clear that the expression of gratitude can, even for a moment, provide you with a great moment of clarity.

So, since its Friday, I thought we as a community can do a "community exercise" and be more present and express personal gratitude for anything or anyone (but nothing political please!) on this post. Maybe if we can hijack FB with POSITIVITY for a moment or two....it would be a great way to end the work week.

Ok...I will go first:

For me....I just want to express gratitude for a friend of mine, Tim. We have known each other going on 40 years. Though we do not speak every day, I know no matter what...if I call him for help, big or small, at a convenient or inconvenient time, he would be there to help me or my family. And I would do the same for him and his family. In life, one who has a friend like that is fortunate and blessed. So that's my expression of gratitude today.

Yes, it's corny. But maybe we need a little more corny and less negativity and conflict. Peace out everyone! 🙌🙌🙌

The most powerful
weapon against your
daily battles is
finding the courage
to be grateful
anyway.

UNKNOWN

hello lovely studio



Kevin Nerwinski

Visual Storyteller · September 9 at 10:32 AM · 🌐



Hey Everyone! Just wanted to follow up on social media with some information because I am receiving some calls from residents asking why our municipal buildings are not open to the public because Hamilton's municipal building is now opened (by appointment only).

(He takes a deep breath....) Lawrence Township municipal buildings will remain closed to the public at least through the month of September (and most likely through October). When the weather turns colder, we will make arrangements to allow modified access in the buildings with guidelines to follow.

The Township offices remain open and working, and the system that we have in place handling visitors and doing business at our North Entrance is working very well with minimal inconvenience to visitor and employee. It is essential that the municipal government be able to continue its operations and deliver services to the community as expected and needed. By creating a safer environment within our municipal building and among our employees, we continue to remain healthy and able to perform the jobs we are expected to do. (Let's all knock on wood).

I remain convinced that this world health pandemic is real. That the virus is contagious. That we must continue to be vigilant in our efforts to stop the spread of the virus, and understand that those efforts should not stop or lessen because we are tired of taking such action, but will stop when the virus has been defeated.

Finally, as I have said repeatedly publicly and in private, we (the Township of Lawrence) do not make decisions solely by following the actions taken by surrounding municipalities. We decide what is right for us given our facts and our circumstances. Sometimes that is to follow others, but it will always be because it is right for our community.

I think, right now, given our circumstances and ability to provide the services we are expected and obligated to provide, keeping the municipal buildings closed to the public is the right decision for us. Thank you all for your cooperation. 🙏🙏🙏🙏😊

   54

23 Comments