





The Senior Center is open Monday through Friday from 8:30 am to 4:30 pm for activities, computers, lunch, and socialization. For more information - Web: lawrencetwp.com/aging.html (609)844-7048

The Mercer County Nutrition Program is available Monday, Wednesday, Thursday and Friday from 9:00 am to 1:00 pm. Registration Required
Phone (609)883-8085 / (609) 989-6650

NOVEMBER 2018




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT./SUN.
	UPCOMING EVENTS		1) EXERCISE 9:30 AM VIDEO EXERCISE 9:30 AM HULA - 10:30 AM BINGO 1:00-3:00 PM	2) YOGA - 9:00 AM CALLIGRAPHY - 9:00 AM WATER/PAINTING-9:30 AM LINE DANCE 10:00 AM ITALIAN - 10:00 AM POETRY - 1:00 PM BINGO 1:00-3:00 PM	3/4) CLOSED
	11/07 - FLU CLINIC - MUNICIPAL BUILDING 11/14 - BMI, WEIGHT & BLOOD PRESSURE SCREENING 12/12 - HOLIDAY LUNCHEON - 12-3 PM (GOBBLESTONE CREEK COUNTRY CLUB) TICKETS MUST BE PURCHASED IN ADVANCE AT THE SENIOR CENTER				
5) EXERCISE 9:30 AM VIDEO EXERCISE 9:30 AM ACRYLIC ART - 10:00 AM TAI-CHI - 10:30 AM CHORALEERS - 12:30 PM	6)  ELECTIONS 2018 SENIOR CENTER CLOSED FOR ALL PROGRAMS	7) LINE DANCE 9:30 AM BUSY BEES 1:00 PM COMPUTER HELP 1:00 PM MEMOIR WRITING 2 PM	8) EXERCISE 9:30 AM VIDEO EXERCISE 9:30 AM HULA - 10:30 AM BINGO 1:00-3:00 PM	9) YOGA - 9:00 AM CALLIGRAPHY - 9:00 AM WATER/PAINTING-9:30 AM LINE DANCE 10:00 AM ITALIAN - 10:00 AM BINGO 1:00-3:00 PM	10/11) CLOSED
12)  VETERANS DAY HONOR CENTER CLOSED	DUPLICATE BRIDGE 9:00 AM SCULPTURE 1:00-3:00 PM	14) LINE DANCE 9:30 AM BUSY BEES 1:00 PM MEMOIR WRITING 1 PM (SLACKWOOD)	15) EXERCISE 9:30 AM VIDEO EXERCISE 9:30 AM HULA - 10:30 AM BINGO 1:00-3:00 PM	16) YOGA - 9:00 AM CALLIGRAPHY - 9:00 AM WATER/PAINTING-9:30 AM LINE DANCE 10:00 AM ITALIAN - 10:00 AM BINGO 1:00-3:00 PM	17/18) CLOSED
19) EXERCISE 9:30 AM VIDEO EXERCISE 9:30 AM ACRYLIC ART - 10:00 AM TAI-CHI - 10:30 AM CHORALEERS - 12:30 PM	20) DUPLICATE BRIDGE 9:00 AM SCULPTURE 1:00-3:00 PM	21) LINE DANCE 9:30 AM BUSY BEES 1:00 PM MEMOIR WRITING 2 PM	 Happy Thanksgiving to you! CENTER CLOSED		24/25) CLOSED
26) EXERCISE 9:30 AM VIDEO EXERCISE 9:30 AM ACRYLIC ART - 10:00 AM TAI-CHI - 10:30 AM CHORALEERS - 12:30 PM	27) DUPLICATE BRIDGE 9:00 AM SCULPTURE 1:00-3:00 PM	28) LINE DANCE 9:30 AM BUSY BEES 1:00 PM MEMOIR WRITING 2 PM	29) EXERCISE 9:30 AM VIDEO EXERCISE 9:30 AM HULA - 10:30 AM BINGO 1:00-3:00 PM	30) YOGA - 9:00 AM CALLIGRAPHY - 9:00 AM WATER/PAINTING-9:30 AM LINE DANCE 10:00 AM ITALIAN - 10:00 AM BINGO 1:00-3:00 PM	CLOSED

SEE OPPOSITE SIDE FOR MEETINGS, SCREENINGS AND LECTURES

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT/SUN
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	11/07 - FLU CLINIC - MUNICIPAL BUILDING 11/14 - BMI, WEIGHT & BLOOD PRESSURE SCREENING 12/12 - HOLIDAY LUNCHEON - 12-3 PM (COBBLESTONE CREEK COUNTRY CLUB) TICKETS MUST BE PURCHASED IN ADVANCE AT THE SENIOR CENTER		BINGO - 1:00 PM CONCERT BAND PRACTICE - 7:00 PM	WALKING CLUB - 8:15 AM BINGO - 1:00 PM	CLOSED
5)	6)	7)	8)	9)	10/11)
MAH-JONGG 1-3:00 PM PINOCHLE 1:00 PM - 3:00 PM	 SENIOR CENTER CLOSED FOR ALL PROGRAMS	HEALTHY OUTLOOKS - ALTERNATIVE TO OPIOIDS TALK - 11:00 AM FLU CLINIC 2:00 - 5:00 PM (MUNICIPAL BUILDING)	BINGO - 1:00 PM CONCERT BAND PRACTICE - 7:00 PM	WALKING CLUB - 8:15 AM BINGO - 1:00 PM	CLOSED
12)	13)	14)	15)	16)	17/18)
 CENTER CLOSED	CLUB #2 10:30 AM MAH-JONGG - 1:00 PM HEALTHY BONES 1:30 PM ADVISORY MEETING 10:00 AM	BMI, WEIGHT & BLOOD PRESSURE SCREENING - 9-11:00 AM SENIOR EXEC. COMM. MEETING - 10:15 AM	BINGO - 1:00 PM CONCERT BAND PRACTICE - 7:00 PM	"FALL IN THE FALL" LIFE ST. FRANCIS TALK - 11:00 AM BINGO - 1:00 PM	CLOSED
19)	20)	21)	22)	23)	24/25)
MAH-JONGG 1-3:00 PM PINOCHLE 1:00 PM - 3:00 PM GARDEN CLUB MEETING - 6:30 PM	CLUB #1 - 10:30 AM MAH-JONGG - 1:00 PM ORCHESTRA 7:00 PM	WALKING CLUB - 8:15 AM	 CENTER CLOSED		CLOSED
26)	27)	28)	29)	30)	
MAH-JONGG 1-3:00 PM PINOCHLE 1:00 PM - 3:00 PM	CLUB #2 10:30 AM MAH-JONGG - 1:00 PM HEALTHY BONES 1:30 PM ORCHESTRA 7:00 PM	 SIGN UP FOR HOLIDAY SOCIAL AT COBBLESTONE CREEK BALLROOM DECEMBER 12	BINGO - 1:00 PM CONCERT BAND PRACTICE - 7:00 PM	WALKING CLUB - 8:15 AM BINGO - 1:00 PM	CLOSED